

Noise Induced Tinnitus Prevention

At Connect Hearing we provide a wide variety of hearing protection devices to aid in the prevention of noise induced tinnitus:

- Specialty ear plugs significantly block out loud sounds at work while still enabling effective 2-way communication
- Other specialty ear plugs reduce the volume of loud music without distorting tonality for musicians and music lovers
- Simple but effective earplugs for everyday use are also available



The Connect Hearing difference

- ***We're one of the top physician referred hearing healthcare provider*** with over 150 clinics in the United States and 40 years of expertise in hearing healthcare.
- ***Our local hearing care professionals work with you to choose the right hearing solution for your lifestyle.*** We don't focus on sales, we spend time making sure you get the right hearing help that you need, now and in the future.
- ***We have a wide range of modern hearing technology to fit your needs*** from our Advanced technology that will help you with everyday listening all the way up to our Elite technology with Bluetooth, rechargeable, language translation and invisible options.
- ***We have convenient monthly financing** options available*** with personal guidance and application support for any coverage you apply for.
- ***We provide a 60-day confidence guarantee to ensure you have the right hearing solution.*** If you aren't satisfied, we'll work with you to find a better solution. We also provide free hearing technology cleaning, annual checkups, and comprehensive warranties that cover loss, damage, repairs and remakes.



Tinnitus

Causes, Treatment
& Prevention



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About Tinnitus

Tinnitus (pronounced tih-NITE-us or TIN-ih-tus) is the perception of sound where there is no corresponding external cause of the sound. Most people describe their tinnitus as a 'ringing in the ears'. However, the experience of tinnitus has been described by up to 50 different sounds including:

- Buzzing
- Humming
- Hissing
- Ticking
- Whistling
- Roaring
- Whooshing
- "Crickets"
- Clicking
- Beeping
- Screaming
- Steady tone

Causes of Tinnitus

Tinnitus is not a disease. It is a symptom of a range of underlying causes, most of which are associated with hearing or other health issues:

- Hearing loss due to aging
- Drug side effects
- Genetic hearing loss
- High blood pressure
- Ear infection
- Heart disease
- Blocked ear canal
- Dental problems
- Trauma to the ear
- Noise induced

Effects of Tinnitus

Most people are likely to experience tinnitus to some degree, at some time or another. Because most tinnitus is subjective (you hear the sound but others don't), it is difficult to measure.

The experience of tinnitus can range from "mild" to "catastrophic" and it can be intermittent (75% of cases) or persistent (25% of cases). For most people, the experience of intermittent tinnitus is more of a mild annoyance than a serious problem. However, persistent tinnitus can be very disturbing and can be so severe that it interferes with daily activities. Some of the effects of persistent tinnitus can include:

- Trouble sleeping
- Fatigue
- Trouble concentrating
- Stress
- Anxiety and irritability
- Depression
- Memory problems



How We Can Help

Approximately 10 to 15% of the population suffer from tinnitus. In addition, the symptoms are more common as age progresses.

If you or someone you know is experiencing tinnitus, Connect Hearing can help. We specialize in the prevention, identification and most common treatments of tinnitus. Visit any Connect Hearing location and we'll help with:

Tinnitus Identification

Since noise-induced and hearing loss due to aging are the most common causes of tinnitus, a hearing assessment administered by a qualified hearing professional can help determine if hearing loss is associated with your tinnitus.

Tinnitus Treatment Solutions

Tinnitus instruments are a combination of hearing aids and a tinnitus masker and are recommended for people with hearing loss who do not experience significant relief from hearing aids alone.

If hearing loss is associated with your tinnitus, Connect Hearing can help with the following solutions:

- Hearing aids will improve your communication and often reduce tinnitus symptoms. Hearing aids amplify enough background noise to partially mask tinnitus sounds for many people.
- Tinnitus maskers are typically used for people who do not have significant hearing loss. Tinnitus maskers produce sound that masks tinnitus.